

Speaker Bio For: *Kristen Taraszewski*

Credentials:

Former Flight Control Engineer in Mission Control Center at NASA; Founder and Executive Director Right at Home®, a non-profit 501c(3) organization (www.rightathomemoms.org)

Kristen Taraszewski started her career as a flight control engineer at NASA in 1989. She worked on the Space Shuttle Program, lived at the Gagarin Cosmonaut Training Center outside Moscow, worked in the US/Russian Space Program, and traveled worldwide. After the birth of her first child, Kristen left NASA to spend more time with her daughter. After leaving the stimulating world of the space program, she found herself searching for a new purpose and identity. Through that challenge, she founded the non-profit organization Right at Home to help women navigate the challenges of career and family. Her organization helps women find physical, emotional, and spiritual health through local support groups and programs. Kristen has authored the study, "Living Your Priorities, defining your legacy based on what you value most" and coaches women to start and grow Right at Home groups nationally. Kristen is the mother of three children and lives in Minneapolis with her husband.



Fee Range:

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