

Great Reads!

Happy mommy happy family, right? Based on how God made you, you feel better when you feel like you are doing the right thing and making the right decisions. These books will help you in that area. We have divided suggested resources into three categories based on the season of life you may be in. It is our intention to provide you with rich resources to help you become the women God intended you to be at your specific place in life. The titles and authors listed below are suggestions from our staff and its advisors including pastors, therapists, and women we serve.

Stage I

Babies and small children, making the initial transition from work to home, new to parenting; primary focus is physical care for children. We hope these resources will help you as you define yourself as a mother.

- The Remarkable Women of the Bible, Elizabeth George.
George uses Biblical examples to help us see and become the women we want to be. How ordinary life including weakness and failure can lead to extraordinary things with Christ.
- Mother Teresa, Her Essential Wisdom, Edited by Carol Kelly-Gangi.
A collection of inspiring quotes and reflections from Mother Teresa from her 50 years of public life. Share her thoughts on the meaning of love, the importance of charity, need for prayer, the value of family, the role of suffering.
- Power of a Praying Wife, by Stormie Omartian.
Helps unlock the power of praying. More than a 'how to get what I want in prayer' kind of book, this gathering of prayers from a woman's heart will help readers seek the Father and be transformed in the process. At His feet is the answer to a woman's every need; in His hands is hope and joy for her life.
- God's Words of Life for Moms, from the New International Version, by Elisa Morgan.
A MUST have! Includes scripture verses on topics of interest to mothers paired with thought provoking insights from the President of MOPS.
- On Becoming Babywise, Gary Ezzo and Robert Bucknam, M.D.
You became a parent overnight, but it takes much longer to become babywise. Just when you master a stage, they move on to the next. Equip yourself with Babywise Principles for a healthy, happy, balanced family.

Stage II

Children may be starting elementary school, entering into the second major transition of parenting with more time available, needing to redefine yourself as a woman with children at school. May be considering going back to work part or full time. Primary parenting focus beginning socialization, behavior

- Mother Teresa, Her Essential Wisdom, Edited by Carol Kelly-Gangi.
A collection of inspiring quotes and reflections from Mother Teresa from her 50 years of public life. Share her thoughts on the meaning of love, the importance of charity, need for prayer, the value of family, the role of suffering.
- Blue Like Jazz, Donald Miller.
Nonreligious thoughts on Christian spirituality. Instrumental in the understanding of grace.
- Traveling Mercies, Some Thoughts on Faith, Anne Lamont.
Walking through her often troubled past including alcohol use and bulimia, Lamont uses humor to illuminate the meaning of hope, self forgiveness, and faith.
- Ragamuffin Gospel, Brennan Manning.
Critical to forgiving, accepting, and loving ourselves as Christ does.
- Ruthless Trust, The Ragamuffin's Path to God, Brennan Manning.
Understanding what it is to trust God.
- Changes That Heal, Dr. Henry Cloud.
How to Understand Your Past to Ensure a Healthier Future. Dr. Cloud takes the reader step-by-step through the four basic tasks of becoming mature image bearers of God: bonding to others, separating from others, sorting out good and bad in ourselves and others, becoming an adult.
- Wild at Heart, Discovering The Secret of a Man's Soul, John Eldredge.
What is a Christian man? So often we desire to tame the men in our life, attempting to remove the "wildness" that initially drew us to them. Discover the secret of a man's soul and delight in the strength and nature he was created to offer.

Stage III

Children are advancing in school, Primary parenting challenges changing toward life training for children, getting ready for high school and college. Looking at redefining yourself as a woman with children out of the house.

We need your suggestions! Working on this section.